Psychological Approach to Children in Islamic Education

Cintya Sukma Widita¹, Annida Dahrul², Hamid Mukhlis²

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Abstract: The psychological approach related to the study of Islamic studies serves to describe the external symptoms of religious people. External symptoms related to religion such as the attitude of people who behave well, the attitude of believers and pious, honest and others. With a psychological study, it will be easy to study, understand and practice someone. Psychology can determine the depth of a person's soul according to his religion at various age levels. In Islamic education a psychological approach is used to describe a person's external symptoms in religion. Psychological symptoms related to religion include the behavior of believers and pious people, honest people, people who behave well and others. With the psychological theory, it is easy to know the level of religion they live in, understand and implement in their daily life. Psychology can also be used to include religion in a person's soul according to the age level, including the age of the child. So the psychological approach in Islamic education serves as a tool to describe the symptoms and attitudes in one's religion.

The psychological approach to children in education according to Zakiyah Darajat is with children's spiritual education which has four stages, namely first, instilling a religious soul in children. Second, through the example of parents or teachers. Third, teach and train activities that contain spiritual values. Fourth, provide religious education from an early age.

Keywords: psychological approach, children, Islamic education

INTRODUCTION

Psychology is the science that studies good psychology. Psychology is not far from the role of humans in regulating their emotions because it is part of the human psyche. The nature of the human soul is abstract and not concrete, so it can be concluded that psychology discusses symptoms that arise from the human psyche that appear both outwardly and inwardly such as sadness, annoyance and others. The discussion of psychology specifically examines the influence of religion on human behavior which is discussed

¹ Department of Accounting, Faculty of Social and Business, Universitas Aisyah Pringsewu
² Department of Psychology, Faculty of Social and Business, Universitas Aisyah Pringsewu
*) corresponding author
Cintya Sukma Widita
Email: cintyasukma1@gmail.com
in the psychology of religion. Religious psychology is a part of psychology that studies and examines human behavior related to belief in the religion they adhere to (Jalaluddin, 2008). The growth of the psychology of religion developed in the 20th century but did not last long, then developed again in the 1970s until today.

Psychological theory related to the study of Islamic studies serves to describe the outward symptoms of religious people. Outward symptoms related to religion such as the attitude of people who behave well, the attitude of people who are faithful and pious, honest and others. With a psychological study it will be easy to study, understand and practice someone. Psychology can determine the depth of a person's soul according to his religion at various age levels.

The current reality is that humans behave inconsistently with Islamic psychology. The number of children who experience violence perpetrated by the surrounding environment. According to data from Komnas PA in Pusdatin (Pusdatin, Kompas PA, 2022) notes that most of the child violence occurs in the surrounding environment, for example, in the home, school, 62% of child violence occurs in the family or school environment, 38% occurs in the public environment. In ancient times, children were looked after but not listened to when giving opinions. Children are only allowed to speak when asked to speak, even when they are wrong or behave a little harshly, it is not tolerated but punished with violence, such as being beaten, slapped, cursed at. The way parents educate their children in an angle and have to do what they want with language that is not appropriate is a problem in educating children, because children are not given the freedom to think and behave as they want. This will have an impact on the child's psyche or soul.

The Islamic education approach is used to solve human problems from the perspective of the Islamic religion. Islamic education exists to direct, organize and provide an explanation of how religion can be understood and implemented in human beings. The occurrence of human behavior that appears outwardly is influenced by the religious beliefs they adhere to. The manifestation of Islamic education is to form human beings who have the character of akhlakul karimah in accordance with the teachings of the Qur'an and Hadith.

Islamic education related to the human soul which describes how human behavior can be studied through a psychological approach. The psychological approach in Islamic education appears to provide religious awareness in terms of aspects of human nature. So this research appears to be “Explaining the Psychological Approach to Children in Islamic Education”.

Judging from the background above, the formulation of the problem in this study is how is the psychological approach to children in Islamic education? Based on the things described in the problem formulation above, the purpose of this research is to find out how the psychological approach to children is in Islamic education. To make it easier to analyze the data in this study, a theoretical basis related to the psychological approach to children in Islamic education will be presented, as follows:

1. Psychology comes from the Greek word “psyche” which means soul and the word “logos” which means science. In terms of the meaning of psychology is the study of the soul from its symptoms, processes and background of a person (Ahmadi, 2003). This discussion of psychology specifically examines Islamic education for children. This can be related to Islamic psychology which discusses a person's behavior in relation to religious beliefs in this case Islam (Jalaluddin, 2008).

Various kinds of psychological approaches to religion are developed practically, strategically and scientifically in order to explore the psychological phenomena that occur in the process of humans seeking and towards their beliefs or religion. Various symptoms that appear are analyzed based on logic that is close to the phenomenon, so that in this case it is still very subjective and cannot be generalized. It is very necessary to understand if there are differences in perceptions and discourse on individual perspectives with others regarding aspects of their beliefs or religion. People are able to understand and believe in their religion in different ways and ways depending on where a person gets the strongest motivation that is easy to follow.

METHODS

This research is a qualitative research where this research is in the form of written or spoken words from people or behavior that can be observed. This research is a type of library research (library research) with qualitative data analysis, namely research that focuses discussion on the literature in the form of books, journals, papers, and other writings. The approach used in this research is a descriptive approach. Descriptive research is research conducted in order to obtain overall data from a situation that is clearly obtained.

In collecting the data, the researcher used documentation about the psychological approach to children in Islamic education. data analysis used descriptive analytic analysis with data reduction method and data display and documentation were analyzed descriptively analytic.

RESULTS AND DISCUSSIONS

In Islamic education a psychological theory or approach is used to describe the outward symptoms of a person in religion. Psychological symptoms related to religion include the behavior of people who are faithful and pious, honest people, people who behave well and others. With the existence of psychological theory, it is easy to find out the level of religion they live in, understand and implement it into everyday life. Psychology can also be used to include religion in a person's soul according to the age level, including the age of the child. So the psychological approach in Islamic education functions as a tool to describe symptoms and attitudes in one's religion (Nata, 2008).

The development of Islamic education in a psychological approach is growing with the existence of books with various psychological topics, especially Islamic psychology. The following are books related to the development of Islamic education in a psychological approach:

1. Ruh al-Din al-Islamy, entitled Soul of Islamic Religion by Alif Abd Al-Fatih in 1956
3. Tasawwuf an-Nafs, entitled Psychology of Sufism by Dr. ‘Amir an-Najjar in 1985
4. Malamimih’ science of Nafs Al-Islamy entitled The Diversity of Islamic Psychology, by Dr. Muhammad Mahir Mahmoud Umar in 1983
5. Dirasat Naﬁsiyyah Islamiyyah, entitled Study of Psychology in an Islamic Perspective, by Dr. Syyid Abdul Hamid Mursa in 1983
CONCLUSION AND RECOMMENDATION

In Islamic education a psychological theory or approach is used to describe the outward symptoms of a person in religion. Psychological symptoms related to religion include the behavior of people who are faithful and pious, honest people, people who behave well and others. With the existence of psychological theory, it is easy to find out the level of religion they live in, understand and implement it into everyday life. Psychology can also be used to include religion in a person's soul according to the age level, including the age of the child. So the psychological approach in Islamic education serves as a tool to describe symptoms and attitudes in one's religion. The psychological approach to children in education according to Zakiyah Darajat is with spiritual-spiritual education of children which has four stages, namely first, instilling a religious soul in children. Second, through the example of parents or teachers. Third, teaching and training activities that contain spiritual values. Fourth, Providing religious education from an early age.

ETHICAL CONSIDERATIONS

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Conflict of Interest Statement

The author has no conflict of interest in the preparation of this manuscript

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